

**Qualifying Times (these times must have been achieved before entry)**

Event		MALE					
		11/Un	12yrs	13yrs	14yrs	15/16yrs	17/Ov
100	FR	1.13.00	1.12.00	1.11.00	1.04.00	1.02.00	0.58.00
200	FR	2.33.00	2.33.00	2.23.00	2.16.00	2.11.00	2.06.00
400	FR	5.19.00	5.08.00	4.52.00	4.43.00	4.28.00	4.23.00
800	FR	11.48.00	11.20.00	10.48.00	10.25.00	10.04.00	9.44.00
1500	FR	23.00.00	21.00.00	19.45.00	19.00.00	18.21.00	17.45.00
100	BR	1.37.00	1.33.00	1.26.00	1.23.00	1.22.00	1.15.00
200	BR	3.23.00	3.23.00	3.00.00	2.53.00	2.45.00	2.43.00
100	FL	1.23.00	1.19.00	1.15.00	1.10.00	1.07.00	1.04.00
200	FL	3.09.00	2.55.00	2.45.00	2.31.00	2.25.00	2.20.00
100	BA	1.25.00	1.23.00	1.19.00	1.13.00	1.12.00	1.08.00
200	BA	2.56.00	2.49.00	2.40.00	2.37.00	2.30.00	2.25.00
200	IM	2.58.00	2.48.00	2.42.00	2.32.00	2.27.00	2.22.00
400	IM	6.17.00	5.51.00	5.33.00	5.15.00	5.04.00	5.00.00

Event		FEMALE				
		11/Un	12yrs	13yrs	14/15yrs	16/Ov
100	FR	1.19.00	1.13.00	1.10.00	1.06.00	1.05.00
200	FR	2.40.00	2.33.00	2.26.00	2.21.00	2.20.00
400	FR	5.21.00	5.12.00	5.00.00	4.51.00	4.50.00
800	FR	12.20.00	11.24.00	11.00.00	10.55.00	10.48.00
1500	FR	22.10.00	21.25.00	20.38.00	19.40.00	18.45.00
100	BR	1.44.00	1.35.00	1.30.00	1.27.00	1.25.00
200	BR	3.24.00	3.13.00	3.04.00	2.58.00	2.55.00
100	FL	1.26.00	1.19.00	1.19.00	1.15.00	1.13.00
200	FL	3.04.00	3.02.00	2.46.00	2.39.00	2.39.00
100	BA	1.26.00	1.21.00	1.19.00	1.16.00	1.15.00
200	BA	2.58.00	2.49.00	2.44.00	2.39.00	2.36.00

200	IM	3.07.00	2.51.00	2.43.00	2.41.00	2.40.00
400	IM	6.38.00	5.55.00	5.37.00	5.28.00	5.27.00